## EVERY VOICE COUNTS

## School Climate Survey Grade 4-6 Student Routines

The Lambton Kent District School Board conducted a School Climate Survey October 12-29, 2021 to gather input from students in Grades 4-12, parents/guardians and staff to help with planning programs and decision-making related to supporting safe and inclusive school environments. The following is an overview of the results for Grades 4-6. Contact your school for more detailed information.

## **VICTOR LAURISTON PUBLIC SCHOOL**

51%

Eat breakfast everyday



40%

Spend at least 1 hour a day doing physical activity



**BOARD DATA** 

**59**%

Eat breakfast everyday

**38**%

Spend at least 1 hour a day doing physical activity

**46%** 

Spend 3 hours or more of scheen time outisde of school on school days

**75%** 

Get 7 hours or more of sleep on a school night

**59%** 

Spend 3 hours or more of screen time outside of school on school days



70%

Get 7 hours or more of sleep on a school night

