## EVERY VOICE COUNTS

## School Climate Survey Grade 7-8 Student Routines

The Lambton Kent District School Board conducted a School Climate Survey October 12-29, 2021 to gather input from students in Grades 4-12, parents/guardians and staff to help with planning programs and decision-making related to supporting safe and inclusive school environments. The following is an overview of the results for Grades 7-8. Contact your school for more detailed information.

## SIR JOHN MOORE PUBLIC SCHOOL

**50%** 

Eat breakfast

everyday

21%

Spend at least 1 hour a day doing physical activity



BOARD DATA

**47%** 

Eat breakfast everyday

30%

Spend at least 1 hour a day doing physical activity

**62%** 

Spend 3 hours or more of scheen time outisde of school on school days

69%

Get 7 hours or more of sleep on a school night

**55%** 

Spend 3 hours or more of screen time outside of school on school days



**76%** 

Get 7 hours or more of sleep on a school night

