

Queen Elizabeth II- Track and Field Schedule - 2024
Girls Track and Field Events

Track Events (Morning)

Time	Event	Division Order	Races
8:40 - 9:10	100 m	13 + 12 11 10 9	- timed finals
9:10 – 9:50	1500 m 800 m	13 + 12 11 10 9	- timed finals
9:50– 10:20	200m	13 + 12 11 10 9	- timed finals
10:20- 10:40	400 m	13 + 12 11 10 9	- timed finals

Field Events (Afternoon)

Time	13 +	12	11	10	9
11:10- 11:40	Triple Jump	Acc. Throw	Ball Throw		Running Long Jump
11:40- -12:10	Acc. Throw	Ball Throw		Running Long Jump	Standing Long Jump
12:10- 12:50		Running Long Jump	Acc. Throw	Standing Long Jump	Ball Throw
12:50- 1:20	Running Long Jump		Triple Jump	Ball Throw	Acc. Throw
1:20- 1:50	Ball Throw	Triple Jump	Running Long Jump	Acc. Throw	

** Please Note: All track and field events will occur in succession.
 The times given are only approximate. (We usually run a little
 ahead of schedule in the track events)

Age categories are as of December 31, 2023

- Gr 4 (9 years)
- Gr 5 (10 years)
- Gr 6 (11years)
- Gr 7 (12 years)
- Gr 8 (13 years)