## EVERY VOICE COUNTS

## School Climate Survey Grade 7-8 Student Routines

The Lambton Kent District School Board conducted a School Climate Survey October 12-29, 2021 to gather input from students in Grades 4-12, parents/guardians and staff to help with planning programs and decision-making related to supporting safe and inclusive school environments. The following is an overview of the results for Grades 7-8. Contact your school for more detailed information.

## **LONDON ROAD PUBLIC SCHOOL**

22%

Eat breakfast everyday



27%

Spend at least 1 hour a day doing physical activity



**77%** 

Spend 3 hours or more of screen time outside of school on school days



62%

Get 7 hours or more of sleep on a school night



**BOARD DATA** 

**47%** 

Eat breakfast everyday

30%

Spend at least 1 hour a day doing physical activity

**62%** 

Spend 3 hours or more of scheen time outisde of school on school days

69%

Get 7 hours or more of sleep on a school night