

# When is my child too sick for school?



## Send me to school if...

- I have a runny nose or a mild cough, but no other symptoms and can participate in school activities.
- No fever is present for 24 hours and no medication taken to reduce symptoms during those 24 hours.
- No throwing up or diarrhea for 24 hours and no medication taken to reduce symptoms during those 24 hours.



## Keep me at home if I have...

- A temperature higher than 37.7° C (99.9. ° F)
- Been throwing up or had diarrhea in the last 24 hours.
- Painful red eyes with discharge that keeps coming back during the day.
- Body aches, headaches and feel fatigued.
- A sore throat with a fever.
- A harsh cough and don't feel able to participate in school activities.
- An undiagnosed rash.



## Follow up with my Health-Care Provider if I have...

- A fever for more than 2 days.
- A sore throat and fever for several days.
- Been throwing up or had diarrhea for more than two days.
- A cough for more than a week and it isn't getting better.
- A fever and now have a rash.
- Any urgent medical concerns.

For more information contact our infectious disease prevention and control team at 519-383-8331 or 1-800-667-1839. Resource adapted and revised with permission from Chatham-Kent Public Health.



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