

Dear Parent/Guardian:

This letter is to inform you that a probable COVID-19 case has been identified at Blenheim District High School in Mrs. Daignealut (BTT10) and Ms. Denham's (ENG1D/1P) classes. Your child may have been exposed between November 15th through 19th.

The Student Exposed:

Low-risk contacts are required to **self-monitor** for 10 days since the time of last exposure. Your child should **monitor for symptoms**. Instructions for self-monitoring are available at <https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-self-monitor.pdf?la=en>.

Your child is able to continue attending school and other curricular activities as long as they continue to feel well.

Household members:

Household members are not required to isolate unless:

- Your exposed child has symptoms
- Your child tests positive

If symptomatic:

If your exposed child develops **symptoms** of COVID-19 at any time from November 17th forward, they need to self isolate at home and require immediate testing. Testing is done at the Assessment Centre at 10 Grand Avenue West, Chatham. Appointments can be booked at www.assessmentbooking.ca or by calling 519.436.2556.

If your child is ill, everyone in the household must isolate at home until the test results are known.

*Household members, who have had two doses of the COVID-19 vaccine more than 14 days before the exposure, are **not** required to isolate while your child's test results are pending.*

Please notify CK Public Health as soon as possible if symptoms develop.

If your child does **not** develop symptoms and you wish for your child to be tested, CK Public Health recommends testing on or after day 7 of their exposure (November 25 or 26). **Students waiting for results can continue with regular daily activities, including attending school.** This testing can be booked at the assessment centre using the link above. It is important that testing be completed at the appropriate time after an exposure. Please do not take your child to the assessment centre earlier than indicated unless they have symptoms. If you have any questions or concerns, please contact us at 519.355.1071 ext. 2457

Useful links:

COVID-19 Help Poster: <https://ckphu.com/wp-content/uploads/2020/10/COVID-19-Help-Poster-AODA.pdf>

Symptoms and Seeking Health Care: <https://ckphu.com/symptoms-seeking-healthcare-1/>

Self Isolation Guideline: <https://ckphu.com/wp-content/uploads/2020/05/CK-Public-Health-Guide-to-Self-Isolate-at-Home.pdf>

Self Isolation Guideline for Caregivers: <https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-guide-isolation-caregivers.pdf?la=en>