

# EVERY VOICE COUNTS

## School Climate Survey Grade 9-12 Student Routines

The Lambton Kent District School Board conducted a School Climate Survey October 12-29, 2021 to gather input from students in Grades 4-12, parents/guardians and staff to help with planning programs and decision-making related to supporting safe and inclusive school environments. The following is an overview of the results for Grades 9-12. Contact your school for more detailed information.

### BLLENHEIM DISTRICT HIGH SCHOOL

### BOARD DATA

**38%**

Eat breakfast everyday



**24%**

Spend at least 1 hour a day doing physical activity



**34%**

Eat breakfast everyday

**25%**

Spend at least 1 hour a day doing physical activity

**69%**

Spend 3 hours or more of screen time outside of school on school days

**66%**

Spend 3 hours or more of screen time outside of school on school days



**52%**

Get 7 hours or more of sleep on a school night



**46%**

Get 7 hours or more of sleep on a school night