

## Appendix C-3c: Medical Concussion Clearance Form

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The Medical Concussion Clearance Form is for students who have completed Stage 4b of the Concussion Management Return to Learning (RTL) Plan, and Stage 4 of the Concussion Management Return to Physical Activity (RTPA) Plan. The student must be medically cleared by a medical doctor/nurse practitioner prior to moving on to full participation in non-contact physical activities and full contact practices (RTPA Stage 5).

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

I have examined this student and confirm they are medically cleared to participate in the following activities:

- Full participation in Physical Education classes
- Full participation in Intramural physical activities (non-contact)
- Full participation in non-contact Interschool Sports (practices and competition)
- Full-contact training/practice in contact Interschool sports

Other Comments:

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### Medical Doctor/Nurse Practitioner

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*A student who has received Medical Clearance and has a recurrence of symptoms or new symptoms appear, must immediately remove themselves from play, inform their parent/guardian/teacher/coach, and return to a medical doctor or nurse practitioner for Medical Clearance reassessment before returning to physical activity.*