

LKDSB Parent Involvement Committee Presents

STAYING CONNECTED WELL-BEING UNPLUGGED

2 NIGHTS



2 VENUES

Join us for a panel discussion on the importance of technology in our children's lives today while balancing its use with activities that promote physical, mental and social health.



*Facilitated by Ellie Fraser,
LKDSB Mental Health Lead*



Wednesday May 10

6:30 - 8:30pm

Sarnia Education Centre, Boardroom

Supervisor of Health Promotion
Lambton Public Health

Child & Youth Therapist
St. Clair Child & Youth Services

Program Coordinator
Rebound

Thursday May 11

6:30 - 8:30pm

Chatham Regional Education Centre,
Boardroom

Medical Officer of Health
Chatham-Kent Public Health

Staff Psychologist
Chatham-Kent Children's Services

Family Navigator
ACCESS Open Minds CK

No registration required • Refreshments served
For more information, see lkdsb.net