

Referral for Social Work

Lambton Kent District School Board School Social Workers support students, and families during the school year and also throughout the summer months.

To access the School Social Worker or learn more about LKDSB Mental Health supports please email mentalwellness@lkdsb.net to get connected to our team.

School Social Workers make a difference!



It's OK to get help

Community Resources

I may need to reach out to...

Chatham-Kent Agencies

Chatham Kent Children's Services

519-352-0440 press 0 and ask for mental health

Access Open Minds

519-437-6329

Canadian Mental Health Association

519-436-6100

Chatham Kent Health Alliance

519-351-6144

Restorative Justice Chatham

519-380-0931

Sarnia-Lambton Agencies

St. Clair Child and Youth Centre

519-337-3701

Canadian Mental Health Association

519-336-3445

Sexual Assault Survivors Centre Sarnia-Lambton

519-337-3320

Sarnia Lambton Rebound

519-344-2841

Family Counseling Centre Distress Line

519-336-3300 or 1-888-347-8737



Summer Social Work Supports



What is a school social worker?

How can a social worker help?

How do I make a referral to social work?

What is School Social Work?

School Social Work Services provide evidence informed individual, family and group support, counselling and consultation to help students overcome mental health/social/emotional barriers to learning. Our focus is on a strengths based approach to help increase resiliency and promote positive mental health and well-being.



Credentials

Social Workers at Lambton Kent District School Board hold a Masters of Social Work degree from an accredited university and are registered and in good standing with the Ontario College of Social Work and Social Service Workers.

What Do School Social Workers Do?

School Social Workers work to find the best solution for students who are experiencing social, emotional, or behavioural difficulties at school, home, or community by providing:

- Social-emotional assessments
- Short term Individual counselling (student, parent, family)
- Group work (students, parents)
- Home-school-community liaison
- Prevention and education
- Crisis intervention
- Referral to outside agencies
- Advocacy for students and families

When to ask for a referral to a School Social Worker?

Students, parents or teachers can always talk with a School Social Worker. Talking with them does not mean a formal referral takes place. If there are substantial concerns a referral may be the best option to help them work through issues.

If a student is experiencing significant issues that are affecting their school experience, school social workers can help them to find solutions.

Some examples are:

- High rates of student absenteeism
- The student is struggling/reacting to changes in the family such as divorce, illness, death
- The student is experiencing peer issues
- The student is feeling depressed, anxious, angry etc.
- The student is exhibiting self-harming behaviours

