

Every school in the Lambton Kent District School Board has a Multi-disciplinary Team. Our Multi-disciplinary Teams or MDTs for short, are teams of caring adults who work together to make decisions and plans to support our schools to be welcoming, caring and supportive learning environments. During this unprecedented time, we are planning on ways that we can support our students, including providing information about how to connect to community resources and services.

Students, are you looking to speak with someone about your worries or concerns. Consider contacting:

- Kids Help Phone at <https://kidshelpphone.ca/>
- Canadian Mental Health Association: <https://lambtonkent.cmha.ca/>
- Chatham-Kent Children Services: [//www.ckcs.on.ca/home](http://www.ckcs.on.ca/home)
- St. Clair Child & Youth Services: <https://www.stclairchild.ca/>
- You may also visit <https://smho-smsso.ca/students/> for additional information.

Parents and guardians, do you have questions about how to support your child's mental well-being and social-emotional learning? Please visit our parents resource link to learn more:

- <https://www.lkdsb.net/Board/SpecialEducation/seac-meetings/2017/Parent%20Resources.pdf>

Interested in knowing more about our LKDSB Social Workers?

- <https://www.lkdsb.net/Board/SpecialEducation/seac-meetings/2017/School%20Social%20Work%20Pamphlet.pdf>

Interested in knowing more about our LKDSB Psychoeducational Clinicians?

- <https://www.lkdsb.net/Board/SpecialEducation/seac-meetings/2017/Psych%20Services%20Parents%20Guide%20Feb%20%202014.pdf>

Looking for more information or to contact us at the LKDSB?

LKDSB Elementary Schools:



<https://www.lkdsb.net/Elementary/ElementarySchools/Pages/default.aspx#/=>

LKDSB Secondary Schools:

<https://www.lkdsb.net/Elementary/ElementarySchools/Pages/default.aspx#/=>

Alternatively, you are welcome to contact the Lambton Kent District School Board:

Office Locations:

	<p>Sarnia Education Centre 200 Wellington Street, Sarnia, Ontario N7T 7L2 Phone: 519-336-1500 Fax: 519-336-0992 Toll Free: 1-800-754-7125</p>
	<p>Chatham Education Centre 476 McNaughton Avenue East, Chatham, Ontario N7M 5L7 Phone: 519-354-3770 Fax: 519-354-0662 Toll Free: 1-800-754-7125</p>