



RESOURCE LISTING

	Addiction & Substance Use	Autism	Behaviour Supports	Counseling	Criminal Justice/Legal Support	Crisis Support	Developmental Disabilities	Developmental Services (physio, OT, speech, hearing, medical, etc.)	Educational Supports	FASD- Fetal Alcohol Spectrum Disorder	Financial /Nutritional Support	Indigenous Supports	Grief and Loss	Housing	LGBTQ+	Mental Health	Mentor/ Social/ Community	Preschool/Early Years	Respite Services	Transitional Supports	Trauma	Youth Employment
211ontario https://211ontario.ca	*			*	*	*	*				*	*		*	*	*	*	*		*		*
Aamjiwnaang First Nations Band office: 519-336-8410 Health Centre: 519-332-6770 Maawn Doosh Gumig Community and Youth Centre: 519-491-2160 or 519-491-1374 www.aamjiwnaang.ca	*		*	*	*	*			*	*	*	*		*		*	*	*		*		*
Aamjiwnaang First Nation - Health Centre - Food Bank 519-332-6770 1300 Tashmoo Ave, Sarnia, ON											*											
ACSD- Assistance for Children with Severe Disabilities 1-877-832 2818 http://www.cdrcp.com/sn/31-snf/108-assistance-for-children-with-severe-disabilities-acsd		*	*				*			*	*					*			*			
Autism Ontario Toll Free: 1-800-472-7789 http://www.autismontario.com/		*																				
Big Brothers Big Sisters Sarnia Lambton 519-336-0460 https://sarnia.bigbrothersbigsisters.ca/																	*					
Bluewater Health Sarnia 519-464-4400 Petrolia 519-882-4325 https://www.bluewaterhealth.ca/	*			*		*							*			*						*
Canadian Mental Health 1-866-299-7447 Sarnia office- 519-337-5411 Petrolia satellite office- 519-882-2500 Ext. 109 Forest satellite office- 519-786-4545 Kettle Point satellite office- 519-786-6588 Grand Bend satellite office- 519-238-2362 Watford satellite office- 519-333-2747 http://lambtonkent.cmha.ca/				*		*						*		*		*				*		

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Central Lambton Family Health Team 519-882-2500 https://centrallambtonfamilyhealthteam.com				*									*									
Community Legal Assistance Sarnia 519-332-8055 https://www.legalaid.on.ca/en/contact/about.asp?place=601200					*						*											
CLC (Community Life Centre) 519-882-1600 http://newlifepetrolia.com/about-us/community-life-centre											*											
Community Living Sarnia Lambton 519-332-0560 http://www.communitylivingsarnia.org/		*					*		*				*			*		*	*			*
ConnexOntario 1-866-531-2600 https://www.connexontario.ca/	*															*						
Contact House Food Bank 519-786-5692 6276 Townsend Line, Forest Ontario											*											
County of Lambton 519-845-0801 or 1-866-324-6912 http://www.lambtononline.ca/home/Pages/home.aspx								*		*			*									
CPRI (Child Parent Resource Institute) 1-877-494-2774 www.cpri.ca		*	*				*			*						*						
Developmental Service Ontario 519-344-2629 www.dsontario.ca							*			*												
Easter Seals 519-944-0044 or 1-888-535-5623 http://www.easterseals.org/							*	*		*												



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Family Counseling Centre & STARRing Point 519-336-0120 http://www.familycounselingctr.com/		*	*	*		*	*			*	*		*			*			*	*	*	
First Nation and Inuit Hope for Wellness Help Line 1-855-242-3310 https://www.hopeforwellness.ca/				*		*						*				*					*	
Good2Talk 1-866-925-5454 https://good2talk.ca/	*			*		*										*				*		
The Inn of the Good Shepherd 519-344-1746 The Haven (Homeless shelter for youth) 519-336-5941 www.theinnsarnia.ca/	*			*		*					*	*		*		*	*			*		
John Howard Society 519-336-1020 http://johnhoward.on.ca/sarnia-lambton/	*			*	*																	
Jordan's Principle 1-855-572-4453 Local first Nations staff can help navigate the process https://www.canada.ca/en/indigenous-services-canada/services/jordans-principle/boy-behind-jordans-principle.html								*	*		*	*										
JumpStart Charity – Canadian Tire (sports & play) 1-844-YES-PLAY http://jumpstart.canadiantire.ca/en.html											*						*					
Jump Start- Lambton-Kent Teen Transition http://www.teentransition-lk.org/							*	*												*		*
Kettle & Stony Point 519-786-2125 https://kettlepoint.org Kettle and Stony Point Health Services 519-786-6588 https://kettlepoint.org/kettle-stony-point-health-services/	*			*				*	*		*	*		*		*	*	*			*	



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Kids Help Phone 1-800-668-6868 or Text "CONNECT" to 686868 https://kidshelpphone.ca/				*		*									*	*						
Lambton Circles 519-344-2062 Ext 2336 or 519-381-5311 http://www.lambtoncircles.com/											*						*					
Lambton College Community Employment Services 519-882-4333 https://www.lambtoncollege.ca/YJC/																						*
Lambton County Addictions Services 519-464-4400 ext. 5370 www.bluewaterhealth.ca	*			*		*																
LCDS (Lambton County Developmental Services) 519-882-0933 https://lcdspetrolia.ca							*															
Lambton Let's Learn 519-332-5999 https://www.lambtonletslearn.ca				*					*													
Lambton Mental Health Crisis Services 1-800-307-4319						*										*						
Lambton Mental Wellness 519 344-5602 www.lmwc.ca										*						*	*					
Lambton Public Health 519-383-8331 or 1-800-667-1839 https://lambtonhealth.on.ca										*								*				
LHIN- (Local Health Integration Network) 519-436-2222 http://www.lhins.on.ca/				*			*			*			*			*						



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Neighbour Link Sarnia-Lambton 519-336-5465; Text Only 519-490-8655 www.neighbourlinksarnia.org											*						*					
Noelle's Gift 519-491-7395 https://noellesgift.ca									*		*											
North Lambton Community Health Centre North Lambton Site (Forest) 519-786-4545 West Lambton Site (Sarnia) 519-344-3017 East Lambton Site (Watford) 519-333-2747 Kettle & Stony Point Site (Kettle Point) 519-786-2700 www.nlchc.com				*												*						
ODSP (Ontario Disability Support Program) 519-337-3735 https://mcss.gov.on.ca/en/mcss/programs/social/odsp/							*				*			*			*			*		*
Ontario Ministry of Social Services Sarnia 519-337-3735 Chatham 519-352-5040 https://www.mcss.gov.on.ca/en/mcss/index.aspx							*				*	*		*								*
Organization for Literacy 519-332-4876 www.readsarnia.org									*													
Petrolia Food Bank 519-882-3950 4156 Petrolia Line, Petrolia											*											
PANDAS/PANS Ontario 1-844-820-9672 https://www.pandaspansonario.org/			*																			
Pathways Health Centre for Children 519-542-3471 www.pathwayscentre.org		*	*				*	*		*								*		*		

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Rebound Sarnia- Lambton & The Hub Sarnia 519-344-2841 Petrolia Rebound Rebound Forest 519-466-3396 http://www.reboundonline.com/	*		*	*		*			*		*	*		*	*	*	*			*		*
River City Vineyard 519-383-8463 http://www.rcv.org/											*			*			*					
The Salvation Army 519-344-1142 https://salvationarmy.ca	*			*	*	*			*		*			*		*	*			*		
Sarnia Lambton Children's Aid Society 519-336-0623 https://www.slcas.on.ca						*															*	
Sarnia Lambton Distress Line 1-888-DISTRESS						*																
Sarnia Lambton Native Friendship Centre 519-344-6164 http://www.slnfc.org/index.html			*	*					*		*						*					
Sarnia Lambton Suicide Prevention https://sarnialambtonsuicideprevention.com						*										*						
Sexual Assault Survivors' Centre 519-337-3320 http://www.sexualassaultsarnia.ca/				*		*															*	
Southwest Aboriginal Health Access Centre 1-877-454-0753 http://soahac.on.ca/	*			*						*		*				*						
Special Olympics Sarnia- 519-312-3170 Ontario http://www1.specialolympicsontario.com Sarnia http://sarnia.specialolympicsontario.ca/							*										*					

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St. Clair Child and Youth Services 519-337-3701 http://www.stclairchild.ca/	*		*	*	*	*	*			*		*	*			*	*	*		*	*	
St. Francis Advocates 519-828-3923 www.mysfa.org		*																				
St. Joseph's Hospice 519-337-0537 www.stjosephshospice.ca												*										
St. Vincent de Paul 519-337-7089 http://ssvpsarnia.ca/					*						*		*				*					
Thames Valley Children's Centre 519-685-8700 or 1-866-590-8822 www.stjosephshospice.ca		*	*	*			*	*	*								*	*		*		
Victorian Order of Nurses (VON) 519-542-2310 or 1-855-285-2990 https://vonieriestclair.ca/sarnia-lambton											*		*									
Voice of Truth Church - We Care Food Bank 519-834-2917 2554 Elizabeth St, Oil Springs											*											
Walpole Island First Nations http://walpoleislandfirstnation.ca/	*			*	*	*		*		*	*	*	*	*	*	*	*	*	*	*	*	*
Women's Interval Home 519-336-5200 https://www.womensintervalhome.com				*		*				*			*	*	*	*					*	
YMCA- Jerry McCaw Family Centre 519-336-9622 http://ymcaswo.ca/										*							*					