

# EVERY VOICE COUNTS

## School Climate Survey Grade 9-12 Healthy Living Results

The Lambton Kent District School Board conducted a School Climate Survey April 1-12, 2021 to gather input from students in Grades 4-12 to help with planning programs and decision-making related to healthy living.

The following is an overview of the results for Grades 9-12. Contact your school for more detailed information.



**34%**

Eat breakfast everyday

**63%**

Participate in  
extracurricular activities



**25%**

Spend at  
least 1 hour  
a day doing  
physical  
activity



**69%**

Spend 3 hours or more of  
screen time outside of  
school on school days



**46%**

Get 7 hours or more of  
sleep on a school night



**49%**

Never used  
alcohol and  
vape/drugs

