

EVERY VOICE COUNTS

School Climate Survey Grade 7-8 Healthy Living Results

The Lambton Kent District School Board conducted a School Climate Survey April 1-12, 2021 to gather input from students in Grades 4-12 to help with planning programs and decision-making related to healthy living.

The following is an overview of the results for Grades 7-8. Contact your school for more detailed information.



47%

Eat breakfast everyday

72%

Participate in
extracurricular activities



30%

Spend at
least 1 hour
a day doing
physical
activity



62%

Spend 3 hours or more of
screen time outside of
school on school days



69%

Get 7 hours or more of
sleep on a school night



75%

Never used
alcohol and
vape/drugs

