

Winston Churchill

January 2019

Principal: Mrs. S. Cook
Secretary: Ms. C. Jansseune

Phone: 519-352-8680
<http://winstonchurchill.lkdsb.net>
Weather Zone: 8

KinderSTART KINDERGARTEN REGISTRATION

Drop in on Wednesday February 6 anytime from
9:00-5:30

KinderSTART is a special one day event held at Winston Churchill for parents to register their children for Kindergarten. It's also a great opportunity for parents and children to learn more about school together

Through KinderSTART, children and parents have an early opportunity to visit the school and meet staff in preparation for Full Day Kindergarten in the fall of 2019. A school bus and operator will be on site from 9:30-11:30, for any families who have transportation questions, or want to tour a school bus.

ONLINE REGISTRATION—EASY AS 1-2-3-4!

Before coming to KinderSTART, register online by logging in to: www.lkdsb.net/kindergarten

- 1) Find your school
- 2) Find your school registration date (February 6)
- 3) Complete the Registration Form
- 4) On February 6, come to the school and meet our school staff

Remember to bring:

- Birth certificate or proof of Canadian Citizenship or Residency Status (if appropriate)
- Proof of residency (e.g. utility or tax bill, lease/rental agreement, etc. Note: a driver's license is not valid)
- Emergency contact information
- Your child

Inclement Weather

Due to inclement weather, school buses are occasionally cancelled, but the school is still open. Students are expected to be in class and instruction will continue as usual. Listen to CKSY-FM or CFCO-AM in the morning for information. You can also check the school bus information website at: <http://www.schoolbusinfo.com>

Playground Equipment

The playground equipment is **closed for the season.**

Cold temperatures and snow can make play surfaces very slippery; increasing the risk of slips and falls. Winter clothing is also very bulky and is more likely to have drawstrings, hooks and clips which can become entangled in the equipment. Safety of our students is a priority. Thank you for your support in keeping your children off the playground equipment before and after school as well.

HIGH SCHOOL Gr. 8 Open House

Presentations are being organized for Grade 8 students who are preparing to enter Grade 9. Representatives from C.K.S.S. will be meeting with Grade 8 students at WC on January 10. An Open House has been scheduled at each high school for Grade 8 students and their families:
JMSS—January 16, 6:30-8:30
CKSS—January 17, 6:30-8:30
All Grade 8 students and their families are encouraged to attend the Open House.

Mindfulness

Practicing mindfulness can help kids learn to focus, manage stress, regulate emotions, and develop a positive outlook. A growing body of scientific research shows its positive effects on mental health and well-being. Practicing mindfulness has been shown to improve attention and reduce stress as well as increase one's ability to regulate emotions and feel compassion and empathy.

While Mindfulness is a focus at school, follow up at home is beneficial for all students. Encourage your child to take a "brain break" (a core practice in the MindUp resource used by all classroom teachers), in which students take a deep breath and calm themselves for three to five minutes to quiet their minds, be present, and just focus. "Brain Breaks" can be taken during homework time, during stressful situations, or when transitioning from one activity to the next. This allows your child to take the time to be calm and peaceful and focus on the positive.

STEM Activity Opportunity

All students in FDK-Gr. 6 will participate in a STEM (Science, Technology, Engineering and Math) activity on January 18 or 23. Classes will engage in various occurring in the Learning Commons. We hope all students enjoy the fun and exciting learning challenges presented. Thank you to Ms. Haskell for organizing the event!

**SCHOOL COUNCIL
MEETING
JANUARY 28, 2019
6:30 PM
LEARNING COMMONS**

All parents are welcome to attend!

Grilled Cheese Lunch

On Tuesday, January 22, during first break our Grade 8 students will be preparing grilled cheese sandwiches, for \$3.00, for students who pre-order. Forms have been sent home, and we encourage all families to purchase their lunch on our School Cash Online site.

Celebrate Family Literacy

Sunday, January 27 is Family Literacy Day!

Family Literacy Day is a national initiative that promotes the importance of reading and learning together as a family. Family literacy refers to the ways families develop and use literacy skills, from enjoying a storybook together at bedtime and during the day, to playing with word games, singing, writing to a relative or friend, sharing day-to-day tasks such as making a shopping list or using a recipe, and surfing the Internet for fun and interesting sites.

Check out these family literacy links:

- <http://www.familit.ca> (Centre for Family Literacy)
 - <http://www.magickeys.com/books/index.html> (Children's Storybooks Online)
 - <http://www.funbrain.com/> (Funbrain)
 - <http://www.scholastic.ca/> (Scholastic Canada)
- For additional information on Family Literacy Day visit <http://abclifeliteracy.ca/fld/family-literacy-day>

Ways to celebrate Family Literacy Day include:

- Create a family book club. Read and discuss books together
- Make a particular night board game night.
- Read news articles and magazines and then discuss them together
- Write your own adventure. Write a short story as a family with alternative endings written by each family member
- The staff and students will celebrate Family Literacy Day on Friday, January 25. There will be a literacy activities and a snuggle up and read for the whole school from 2:45-3:20. **Parents are invited to attend our snuggle up and read—bring your favourite book or your child's favourite book to read or pick one from our collections!**