



# Wheatley Area PS

519-825-4621

Principal: Janna Vlasschaert

Secretary: Jennifer Dresser

## Kindergarten Registration

On May 29 from 4-7pm, our FDK team and office staff will be at the school for the final Kinderstart open house. Open to all new JK friends that have already registered for September 2024 or have not yet registered but will need to. If you know of someone in our area with a child born in 2020, who has not yet registered for school, please have them follow the link below to register. Registration forms are available online if one would like to get the form filled out ahead of time.

<https://www.lkdsb.net/Elementary/Registration/Pages/default.aspx#/=>

## Education Week & Mental Health Week

During Education Week and Mental Health Week (May 6-10), as well as throughout the entire school year, the Lambton Kent District School Board supports students' mental health and well-being.



We all have the capacity to be compassionate, and we know that doing so can make an enormous difference. This year's Mental Health Week is centered on the healing power of compassion. In a world plagued by suffering, we emphasize that kindness is equally intrinsic to our humanity.

## Upcoming Event in May:

Family Fun Night – May 9

Grade 3 EQAO – May 14-16

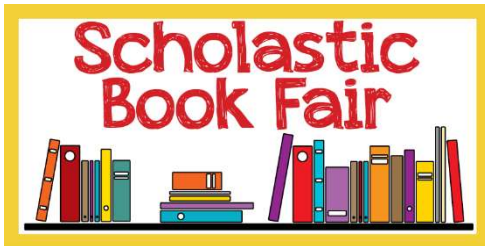
Grade 6 EQAO- May 22-24

## Well-being

We want to remind all families of the importance of staying healthy, both physically and mentally. Tips and Strategies for Taking Care of your Mental Health:

- Take care of your body
- Connect with others
- Reach out for help if you need to
- Be kind to yourself
- Pause. Breath. Reflect.

Please encourage each other and take the time to talk with the people closest to you. If your child needs support, please remember the Kids Help Phone: 1-800-668-6868. They can also text 686868. Additionally, check out the LKDSB's website under Mental Health for additional support and excellent resources provided to all, including relaxation technics for everyone. If you have any questions or concerns, please reach out to the school.



### Book Fair – May 6-10, 2024

All purchases benefit our school and earn Rewards that can be redeemed for books and Education Resources for our school's classrooms and library.

## Track and Field Day

Our school track and field day is coming soon. This day has been scheduled for May 29th. This is a day where students from Grade 1-8 will have the opportunity to get active and have fun with some friendly competition. As more information is available, it will be sent home through the classroom teachers.





## **Thursday, May 9<sup>th</sup> from 4-7pm – JOIN US!**

The school team will be here to enjoy a free-flow Games Night where parents can enjoy playing a variety of games provided to the school from Parent Council here at WAPS! The Scholastic Book Fair will also be open this evening. Popcorn will be available for sale for \$2 a bag.

**Students must have a parent/guardian with them if they choose to attend on this night.**