

# EVERY VOICE COUNTS

## School Climate Survey Grade 7-8 Student Routines

The Lambton Kent District School Board conducted a School Climate Survey October 12-29, 2021 to gather input from students in Grades 4-12, parents/guardians and staff to help with planning programs and decision-making related to supporting safe and inclusive school environments. The following is an overview of the results for Grades 7-8. Contact your school for more detailed information.

### VICTOR LAURISTON PUBLIC SCHOOL

### BOARD DATA

**36%**

Eat breakfast  
everyday



**20%**

Spend at  
least 1 hour  
a day doing  
physical  
activity



**47%**

Eat breakfast  
everyday

**30%**

Spend at least 1 hour  
a day doing physical  
activity

**62%**

Spend 3 hours or  
more of screen time  
outside of school on  
school days

**69%**

Get 7 hours or more  
of sleep on a school  
night

**71%**

Spend 3 hours or more of  
screen time outside of school  
on school days



**60%**

Get 7 hours or  
more of sleep on a  
school night

