

EVERY VOICE COUNTS

School Climate Survey Grade 9-12 Student Routines

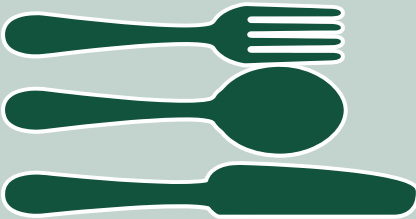
The Lambton Kent District School Board conducted a School Climate Survey October 12-29, 2021 to gather input from students in Grades 4-12, parents/guardians and staff to help with planning programs and decision-making related to supporting safe and inclusive school environments. The following is an overview of the results for Grades 9-12. Contact your school for more detailed information.

NORTHERN COLLEGIATE INSTITUTE & VOCATIONAL SCHOOL

BOARD DATA

42%

Eat breakfast everyday



30%

Spend at least 1 hour a day doing physical activity



34%

Eat breakfast everyday

25%

Spend at least 1 hour a day doing physical activity

69%

Spend 3 hours or more of screen time outside of school on school days

46%

Get 7 hours or more of sleep on a school night

70%

Spend 3 hours or more of screen time outside of school on school days



44%

Get 7 hours or more of sleep on a school night

