

# 2020 Holiday Hours

## COVID-19 Lambton County Community Resources Updates

### Services for Basic needs - Income, Shelter and Food

Lambton County Social Services is available to provide the initial point of contact for income support assistance to persons in need to cover the costs of food, shelter, basic needs and referrals to all other Social Services as required. Lambton County – Social Services is open by appointment only, by telephone or by email.

For inquires please call – **519-344-2062** or email [socialservices@county-lambton.on.ca](mailto:socialservices@county-lambton.on.ca).

Those requiring income supports that are not currently on assistance are asked to apply online at [www.ontario.ca/socialassistance](http://www.ontario.ca/socialassistance) or contact the Ontario Works Department at **519-332-2062**. Those already on assistance should connect with their Caseworker by phone at **519-344-2062** if you need assistance or have questions.

Ontario Works recipients **do not** need to bring documents into the office including your income reporting statement. Payments are being sent by mail, direct bank deposit or reloadable payment cards. Notify your caseworker about any changes to your address or banking information immediately.

If you do not have direct bank deposit or reloadable payment cards it is highly recommended that you contact your caseworker to get it set up for your payments.

Check website for information and updates:

<http://www.lambtononline.ca/home/residents/ontarioworks.aspx>

#### **Holiday hours:**

December 24th- 8:30am to noon

December 25th - **Closed**

December 28th - **Closed**

December 29th and 30rd - 8:30am to 4:30pm

December 31st - 8:30am to noon

January 1st - **Closed**

#### **Aamjiwnaang First Nations Social Services**

Please call: 519-336-8410 **Closed Dec 21<sup>st</sup> to Jan 4th**

#### **Kettle & Stony Point First Nations Social Services**

Inquires during this time email: Cindi George at: [cindi.george@kettlepoint.org](mailto:cindi.george@kettlepoint.org)

Call: 519-786-2125 **Closed Dec 21<sup>st</sup> to Jan 4th**

#### **Walpole Island First Nations Social Services**

Please call 519-627-3583 **Closed Dec 21<sup>st</sup> to Jan 4th**

**Inn of the Good Shepard Holiday hours:**

**Emergency Shelter** – The Good Shepherd’s Lodge is operating and providing shelter. We have an overflow program available when The Lodge is full.

**Shelters: Call (519) 344-1679** The Good Shepherd’s Lodge (adult & family shelter) and The Haven (youth shelter) are open 24/7 as normal

**Food Bank** – open Monday –Friday each week from 9:30am –11:15am each morning

**Closed: Friday the 25<sup>th</sup>, Monday the 28<sup>th</sup> and January 1st 2021**

**Soup Kitchen** – hot meals are served every day (including Christmas, Boxing Day and New Year’s) – Monday – Friday lunch served from 1:00pm-2:00pm pm and Saturday & Sunday from 4:30pm – 5:30pm.

**Lambton County Food Banks**

**Brooke Alvinston** 3236 River Rd. Telephone: 519-898-2173

**Wednesday 11:00am - 1:00pm except on Dec 9<sup>th</sup> and Dec 23<sup>rd</sup> (Closed)**

**Forest**

Contact House Food Band 6276 Townsend Line 519-786-5692

**Tuesday 9:30am - 11:15am or call for appointment**

**Corunna**

St. Andrew's Presbyterian Church Community Food Bank 437 Colborne Drive  
519-862-3641

**Wednesdays from 6pm to 7pm and Thursdays 9am to 11:45am**

**Petrolia** 4156 Petrolia Line 519-882-3950

**Every Mondays 9am - 11:30am except for Dec 21<sup>st</sup> and Dec 28<sup>th</sup> (Closed)**

**Watford United Church** 555 Ontario St, 519-876-2837

**Wednesday at 11:00am - noon**

**Oil Springs Oil Heritage Family Church** 2554 Elizabeth Street 519-834-2984

**Mondays 10:30am - 1:00pm**

**Aamjiwnaang First Nation Food Bank** 1300 Tashmoo Avenue 519-332-6770

**Monday 9:00am - noon & Thursday 1:00pm - 4:00pm**

**River City Vineyard Food Bank** 260 Mitton Street N, Sarnia. 519-383-8463

**Open daily 10am - 9pm**

**Salvation Army**

**Closed December 23rd to January 4th and on Jan 5th** partially reopened for the first week. Our emergency shelter, rent and utility will be open but our food bank will be closed due to restructuring. 519-344-1142

**St Vincent De Paul Sarnia-Lambton Food Bank & Help Centre**

Currently only open to clients **one day per week on Fridays**

- Clients need to call for an appointment to 519-337-1058 or email us

[stvincefb@gmail.com](mailto:stvincefb@gmail.com)

## Health and COVID-19 Testing sites

**Lambton Public Health (LPH)** continues to actively monitor the developing situation. In our efforts to provide timely information about COVID-19 we are updating the website frequently: <https://LambtonPublicHealth.ca>

### **Lambton Public Health**

Holiday hours for **Testing centers**:

**Week of December 7th-11th** - regular hours (Already scheduled)

**Week of December 14th-18th** - regular hours

**Week of December 21st-25th: REDUCED hours due to kids out of school**

Sarnia: Monday (21), Tuesday (22), Wednesday (23), 9:00am-noon

Forest: Monday (21), Tuesday (22), Wednesday (23), 9:00am-noon

Petrolia: CLOSED

**Week of December 28th-Jan 1st: REDUCED hours due to kids out of school**

Sarnia: Tuesday (29th) and Wednesday (30th), 9:00am-noon

Forest: Tuesday (29th) and Wednesday (30th), 9:00am-noon

Petrolia: **CLOSED**

**Week of January 4th-8th**

Regular hours resume at all 3 sites

### **Lambton Public Health Office hours:**

**Open:** December 21st, 22nd, 23rd - 8:30am-4:30pm

December 29th and 30rd - - 8:30am-4:30pm

**Closed:**

December 24th, December 31st, January 1st, 2021

January 4th and on - back to regular schedule of Monday to Friday - 8:30am-4:30pm

### **Testing Expanded to Include Returning Post-Secondary Students**

Lambton Public Health (LPH) is expanding its COVID-19 testing process to include post-secondary students returning home for Christmas from communities outside of Lambton County.

Expansion of the testing process will help decrease the risk of COVID-19 transmission and provide returning students with access to timely testing and results.

Testing will be offered at LPH's school testing centres effective immediately until mid-January. An appointment is required.

There are **two** ways to book an appointment:

**Online:** Visit [app.getcorigan.ca](https://app.getcorigan.ca)

Register, Choose from available times, Schedule appointment convenient for you

**Call** Lambton Public Health 519-383-8331 or toll free 1-800-667-1839

When booking an appointment have the following information ready:

- Child and parent/guardian information (if under 18 years of age)
- OHIP number
- Primary care provider
- Current symptoms, if any
- History of contact with other known or suspected COVID-19 positive person

Learn more about COVID-19 testing by visiting: [LambtonPublicHealth.ca](https://LambtonPublicHealth.ca).

**Please contact:** [LPH-media-inquiries@county-lambton.on.ca](mailto:LPH-media-inquiries@county-lambton.on.ca)

**Rapids Family Health Team Access to Care Centre** 481 London Rd. Sarnia.

**Open** December 24th 8:00am – noon. December 29th, 30rd, 31st from 9:00am to 2:00pm

**Open** for episodic medical conditions. If you are unable to secure a timely appointment with your primary care provider for episodic conditions you can be seen by a Nurse Practitioner. To book a same day appointment at the Access to Care Centre, log onto [getcorigan.ca](http://getcorigan.ca) or call **519-491-6188**.

**The Rapids Respiratory Assessment and COVID Testing Centre** 1150 Pontiac Drive

**Open** on December 29th & 30rd from 11:30am – 8:00pm. This clinic is by appointment ONLY for those experiencing respiratory issues or COVID symptoms.

To book your appointment log onto [getcorgian.ca](http://getcorgian.ca) or if you absolutely cannot log on call **519-491-5395**.

**North Lambton Community Health Centre**

Both Forest 519-786-4545 and West Lambton (Sarnia) 519-344-3017

**Closed December 24th at 3:00pm and December 31st at 3:00pm**

**Open regular hours the rest of the holiday season.**

**Transportation**

**Lambton Elderly Outreach**

Mon-Wed	December 21, 22, 23	8:00am – 4:30pm Normal office hours
Thursday	December 24	8:00 am – 12:00 pm
Friday	<b>December 25</b>	<b>CLOSED</b>
Monday	<b>December 28</b>	<b>CLOSED</b>
Tues-Wed	December 29, 30	8:00am – 4:30pm Normal office hours
Thursday	December 31	8:00am – 1:00pm
Friday	<b>January 1</b>	<b>CLOSED</b>
Mon-Fri	January 4-8	8:00am – 4:30pm Normal office hours

**Sarnia-Lambton Native Friendship Centre**

They will help with transportation and food needs for Indigenous clients.

Contact: **519- 344-6164**

**Closed** Dec 24th, 25th, 28th, 31st and January 1<sup>st</sup>.

**Safety & Security**

**Women's Interval Home**

681 Oxford St., Sarnia, Ontario. **519-336-5200 EXT. 0**

**Operate 24 hours a day, 365 days a year, including all holidays.**

- **Emergency Shelter:** This program is operating and available 24 hours a day for any women and children who are experiencing domestic violence. People seeking or receiving services will be screened before presenting (if calling) or upon arrival to Shelter.

- Crisis Line/Drop-ins: The Crisis Line is answered 24 hours a day by trained Domestic Violence Counsellors who provides confidential support to abused women, information, and referrals to the caller. Callers may remain anonymous. Information to the general public and/or professionals seeking information is also provided.
- Domestic Violence Counsellors are available to provide support and information for any questions you may have relating to abuse and the impact it may be having on your life. Risk assessment and safety planning are available by walk-in or by calling.
- Counselling is available by phone or on-line. Existing clients can connect with their counsellor or call the crisis line for assistance.
- Groups are currently not available.

**Sexual Assault Survivors' Centre** 24 Hour Crisis Line \* agency counsellors available  
 Crisis Phone: **519-337-3320** \* collect calls accepted  
 Office contact: **519-337-3154** Toll Free: **1-888-231-0536**  
**Closed December 24, 25, 28, and Jan 1<sup>st</sup>.**  
**Open regular hours the rest of the holiday season.**

**Children's Aid Society:**

- Emergencies and/or calls for assistance **519-336-0623**.

**Victim Services of Sarnia-Lambton** Call **519-344-8861 ext. 5238**

- Available by telephone to provide emotional and practical support as well as referrals to other resources in the community.
- Provides access to short-term financial support in the immediate aftermath of a violent crime
- **Victim Services of Sarnia Lambton continues to operate 24 hours a day, 365 days a year, including all holidays.**

**Alzheimer's Society Sarnia-Lambton**

- Contact: 519-332-4444

## Employment Services

**The Workplace Group** **519-337-7377** email [info@theworkplacegroup.ca](mailto:info@theworkplacegroup.ca) or via social media pages.

**Will remain open** - will be virtual only. No in person appointments from Dec 29th, 30th, 31st and the week of January 4th to January 8th . In person appointments will resume January 11th, 2021.

**The Lambton Works Centre in the Lambton Shared Services Centre**

The Lambton Works Centre in-person services are currently unavailable but we are still here to help. We are offering virtual employment support services through Zoom, phone and email. Our friendly and knowledgeable team is ready to assist with resume and cover letter advice, interview tips, access to local jobs and referrals to education and training options. Email us to book your virtual one-on-one appointment today:  
[lambtonworks@county-lambton.on.ca](mailto:lambtonworks@county-lambton.on.ca).

## Mental Health & Wellness

### CMHA Lambton Kent

- Walk-ins suspended. Preferred contact method is by phone **519-336-3445**

### Lambton Mental Wellness Centre

- Phone supports being provided to current members. Accepting new people who require a check in call. Email [cheryl@lmwc.ca](mailto:cheryl@lmwc.ca) or **519-344-5602**.

### St. Clair Child & Youth Services

- **Closed:** December 24th afternoon and re-opening on Monday January 4<sup>th</sup>, 2021
- Call **519-337-3701** to speak to an Intake Worker.
- Hours of service are Monday to Friday from 8:30am-4:30pm.

### Family Counseling Centre

- Call **519-336-0120**
- Building is closed to the public.
- Telephone counselling is available for new and existing clients.
- Tel-Check and Distress Line are fully operational.
- APSW's continue to connect with and advocate for clients via telephone or text.
- Supervised Access Centre is closed.

### Rebound Phone **519-344-2841** or [office@reboundonline.com](mailto:office@reboundonline.com)

- Sarnia office open weekdays 9-5pm **Closed Dec 21, 22, 23,24, 25 & January 1st.**
- County Programs Drop-in programs not running **December 23 to Dec 30rd.**
- The rLounge operates weekdays 3-5pm **Closed Dec 24, 25,31, & January 1st.**

### The Hub Call:

- Operates weekdays 1:30pm-3pm **Closed Dec 24, 25, 31 & January 1st.**
- Anyone needing service from the HUB can continue to call **519-491-5579** and leave a message. Messages are monitored during the HUB's hours of operation.

### Community Living

- Service is being provided by telephone. For intake, clients and other services please contact **519-332-8055 or 1-888-916-2527**

### Lambton County Developmental Services

- Closed to the public. Office remains open with minimal staff. Essential services are still being offered. **519-882-0933**

### Pathways Health Centre for Children

- The building is closed for services from **December 19, 2020-January 3, 2021.**
- Email and phone lines will accept messages, but will not be monitored.
- Visit Pathways Health Centre for Children  
Phone **519-542-3471**.  
Facebook: <https://www.facebook.com/PathwaysHealthCentreforChildren/>  
Website: [www.pathwayscentre.org](http://www.pathwayscentre.org).

## **St. Joseph's Hospice**

### **Referral Process:**

- Individuals interested in any of our services can call one of our team members by telephone. They will be asked to leave a detailed message and a staff person will contact them within 2 business days to complete an intake.

**Contact: 519-337-0537**

**Lisa Adams** - Illness & Caregiver Support **ext.126**

**Kayla Slegers** - Adult Bereavement support **ext. 123**

**Orley Culverhouse** - Children & Youth support **ext.114**

All email inquiries regarding service can be directed towards:

[supportiveservices@sjhospice.ca](mailto:supportiveservices@sjhospice.ca).

## **Legal & Advocacy**

### **Community Legal Assistance Sarnia**

Service is being provided by telephone. For intake, clients and other services please

Contact: 519-332-8055 or 1-888-916-2527 [www.claslegalclinic.ca](http://www.claslegalclinic.ca)

**CLAS will be closed midday on December 4<sup>th</sup> through to January 4<sup>th</sup>.**

### **John Howard Society Sarnia-Lambton**

- Service to current clients is being provided remotely.
- Office is not open for drop-ins. 519-336-1020