



**East Lambton  
Elementary  
School**

East Lambton is Bus Zone 1  
Principal: Kari Aubertin  
Secretary: Suzanne Thorne  
Phone: 519-346-2755

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## May Newsletter

**School Motto: Work Hard. Be Respectful. That's our Lion Pride.**

### From the Office

The month of April was filled with so many wonderful learning opportunities and we are looking forward to many more during the month of May. Our students were immersed in Earth Day activities, learning buddies, virtual field trips, and so many other rich learning community building experiences.

As the weather becomes nicer, we have many students looking forward to playing in the sand box during recess and exploration time. If you have old strainers, buckets, pails, scoops, spoons, etc., that will enhance their creativity in the sand and you wish to donate to the school, please send them in. We will happily accept donations.

With school parking spaces reduced, parents/guardians are asked to not park in or block the private laneways of our school neighbours. We appreciate all our neighbours and value our relationships with them and don't want to make it difficult for them to access their own laneways. Thanks for your understanding and assistance with this.

*East Lambton now has a Twitter page. Please follow us @LambtonEast*

### Education Week

The Ministry of Education has declared the week of May 1-5, 2023, as Education Week across Ontario. The Lambton Kent District School Board's (LKDSB) theme for this year's celebration is:

## **Re-Connecting with Communities**

We look forward to hosting you in the gymnasium on Thursday May 4<sup>th</sup> at 9:40 am for our Spring Showcase.



**Smile Cookie Week:**

The Smile Cookie Campaign will be taking place from May 1-7 at area Tim Horton's. Once again, the Watford Tim Horton's has chosen our Snack Program to be one of this year's beneficiaries. We are grateful for their continued support of our Snack Program.

**Pizza Days:** Pizza days will continue to be offered every Thursday until June 8<sup>th</sup>. Please check SchoolCashOnline for order details.

**Sub Day:** Our next sub day is May 8th. Be sure to place orders on SchoolCashOnline.

**Upcoming Events:**

**May 1-5:** Education Week

**May 4:** Spring Showcase – please join us in the gym @9:40 am

**May 4:** Forest Family of Schools Naming Committee Meeting @ 5 pm, North Lambton Secondary School Library

**May 12:** Flower Fundraiser Pick Up @ North Doors from 3:30 pm – 5:30 pm

**May 22:** Victoria Day (no classes)

**May 25:** Track & Field (grades 4-8)

**May 26:** Track & Field Rain Date

**May 31:** New Full Day Kindergarten Registration Open House 4pm – 7 pm

**EQAO:**

Between May 10th and June 14th, grade 3 and 6 students will be taking part in the provincial Assessment of Reading, Writing and Mathematics. This assessment is administered to all Grade 3 & 6 students in Ontario's publicly funded school system by the Education Quality and Accountability Office (EQAO), an independent agency of the Government of Ontario.

It is recommended that each student have a healthy breakfast to begin their day and to avoid these dates when booking appointments for your child (ren).

Grade 3 dates: May 23, 26, 30, 31

Grade 6 dates: May 15, 16, 17, 18

**Kindergarten Registration:** If you know of any families that may have missed our Kindergarten registration, please have them contact the school.

<https://www.lkdsb.net/Elementary/Registration/Pages/default.aspx#/=>

**Noelle's Gift to Children:**

Noelle's Gift  
TO CHILDREN

**COUNT YOUR  
K'S IN MAY!**

**Students! SIGN UP NOW**  
AT NOELLESGIFT.CA

FOR **EVERY \$25** RAISED  
YOUR NAME WILL GO IN A  
**DRAW TO WIN**  
A FAMILY PACKAGE TO  
CANADA'S WONDERLAND

SPONSORED BY **ENBRIDGE** AND **Fleck Law**

**CREATE YOUR PERSONAL SOCIAL MEDIA POST & SHARE  
TO START COLLECTING DONATIONS!**

STUDENT  
REGISTRATION  
**\$10**



## Lyme Disease:

This information has been shared on behalf of Lambton Public Health.



**Lyme Disease symptoms:**

- begin 1-2 weeks after the tick bite, but can occur from 3 days to a month later
- start with a bull's-eye rash around the tick bite (not everyone gets a bull's-eye rash)
- following the rash may include fever, fatigue, headache, muscle and joint pain, and swollen glands

Treatment is available when the disease is in its early stages. Complications involving the heart, nervous system and joints may occur if left untreated. Contact your health care provider as soon as possible if you think you have been exposed to Lyme Disease.

**PROTECT YOURSELF FROM TICKS!**

- ✓ **COVER UP!**
- ✓ **USE INSECT REPELLENT!**
- ✓ **DO A BODY CHECK!**
- ✓ **REMOVE ATTACHED TICKS IMMEDIATELY!**

For more information contact:

 **Lambton Public Health**

519-383-8331 | 1-800-667-1839  
LambtonPublicHealth.ca

160 Exmouth Street,  
Point Edward, ON N7T 7Z6

adapted from Chatham-Kent Public Health Unit

**Let's Target Lyme!** 

LambtonPublicHealth.ca

**PROTECT YOURSELF AND YOUR FAMILY MEMBERS FROM TICKS!**

**TAKE CARE WHEN SPENDING TIME OUTDOORS IN WOODED OR GRASSY AREAS**

# Lyme Disease

## What is Lyme disease?

Lyme disease is an infection caused by bacteria that can spread to humans through the bite of an infected tick.

Not all ticks carry Lyme disease. In Ontario, the tick that is known to transmit Lyme disease is the Blacklegged (Deer) tick.

## Where are Blacklegged Ticks in Ontario?

In Ontario, there are **risk areas** for encountering a Blacklegged tick throughout the province. In Lambton County, Pinery Provincial park and the 20km area surrounding it in Lambton Shores has been identified as a risk area.

## Symptoms of Lyme disease

Not all tick bites will result in disease and the symptoms and health effects caused by Lyme disease can vary for each person. A common symptom is a red bull's-eye rash that appears at the site of the tick bite between 3 and 30 days after the bite (average 10 days).

Flu-like symptoms can also develop, such as:

- Muscle and joint pain
- Headache
- Fever
- Fatigue

The later stages of Lyme disease can include:

- Migraines
- Weakness
- Extreme joint pain
- Abnormal heartbeat
- Dizziness

These symptoms can occur weeks, months or even years after the initial symptoms have cleared.

*If you have been bitten by a blacklegged tick from a risk area and it has been attached for at least 24 hours, contact your doctor immediately.*

## Treatment

**Prophylactic:** If you are bitten by an identified black legged tick from a risk area, and it has been attached and feeding for more than 24 hours, you should consult your doctor for the possibility of prophylactic treatment.

If unable to get prophylactic treatment, or if bitten by a blacklegged tick outside of a high-risk area, monitor closely for symptoms. If detected early, Lyme disease can usually be treated with antibiotics.

Lyme disease that goes undetected can develop into a serious, chronic infection that is more difficult to treat.

## Ticks

Ticks are very small. Ticks must feed on blood from an animal or person to live. They feed by inserting their mouth into the skin of a person or animal.

Not all ticks carry Lyme disease. The American dog tick, which is the most common tick found in Lambton County, does not carry Lyme disease. The blacklegged tick, which is commonly in Pinery Provincial Park and surrounding area, can spread the Lyme disease bacteria to humans.



## Reminders/Information for Parents

**Yard Supervision:** For the safety of all, students must not arrive before 8:50 a.m. when yard supervision begins.

**End of Day Dismissal Routines:** Thank you for always keeping the classroom teacher informed of changes to end of day dismissals. Please also be sure to keep the office informed of these changes as sometimes homeroom teachers are away, and messages do not get communicated to the office.

**Cell Phones and Electronic Devices:** All electronic devices, such as cell phones, media players, digital game devices, computers and cameras are not to be used while the student is on school property before, during, or after school without the permission of school personnel and only for educational purposes. At no time will students use electronic devices for digital, audio or video recording without permission from the teacher. The school is not responsible for lost, damaged or stolen property.

**Inclement Weather:** East Lambton School is in Zone 1. Please listen to local radio stations, visit [www.schoolbusinfo.com](http://www.schoolbusinfo.com), or download the My SBI Mobile App to receive updates on bus delays or cancellations due to inclement weather or other. Morning busses that have been cancelled due to inclement weather (ice, snow) **will not** operate in the afternoon. If parents drive students to school in the morning, they are responsible to pick their children up and take them home in the afternoon. Busses that have been cancelled in the morning due to fog **will** operate in the afternoon and to return students to their homes. ***Please remember to call the school if your child will be absent due to bus cancellations.***