# First Aid and CPR Training



## **Babysitting**



Offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

### **BABYSITTING COURSES / DATES / LOCATION**

Course A: Friday April 27, 2018 – Wyoming Fire Station 530 Main Street, Wyoming N0N 1T0

Course B: Friday June 8, 2018 – Camlachie Fire Station 6715 Camlachie Road, Camlachie N0N 1E0

#### **PREREQUISITE**

# Minimum 11 years of age or completion of Grade 5

### **DURATION**

Both courses are 7-8 hours in length and run from 8:30 am to 4:30 pm each day, with health breaks including a lunch break (lunch NOT included).

#### **COST**

Cost per Course: \$8.85 + \$1.15 GST = **\$10.00** per participant

Payable to the "Town of Plympton-Wyoming"

#### **COURSE CONTENT**

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress, and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- The business of babysitting

#### **COMPLETION**

- Successfully demonstrate skills and critical steps
- o Attend and participate in 100% of the course

#### **TAKE HOME MATERIALS**

- o Babysitter's Manual Red Cross
- Completion Certificate

#### REGISTRATION

Contact: Steve Clemens, Fire Chief by phone at 519-331-0535 or by email at sclemens@plympton-wyoming.ca



## **PLYMPTON-WYOMING FIRE DEPARTMENT**

