



News Release

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P.A.I.R.S STUDENT CONFERENCE **May 7, 2009**

Secondary students from Lambton and Kent are participating in an all day Partners Active In Resource Sharing (P.A.I.R.S.) Conference at Lambton College on Thursday, May 7, 2009

Students across the district have created a variety of workshops, which are both beneficial and interesting for secondary schools in Lambton Kent.

Ian Tyson, is this year's motivational speaker. Ian covers such topics as cherishing memories, handling stress, stepping out of your boundaries, balancing your time, never giving up, and finding that hero that lives inside us all. Ian's core message and mantra throughout his presentation is "Pain is Inevitable – Misery is a Choice", a phrase that sticks with an audience long after his show ends.

Over 275 students between the grades 9 to 12 have been invited from public and separate schools throughout the district. There are 15 workshops being conducted and all will be led by students. Topics cover a wide range of interest such as: Quantum Streams and Laser Beams – Dissecting the "Science" Behind Science Fiction, The Green Theme, What Influences Your Self-Esteem, and The Music, The Media and You. These are just a small sample of workshops being offered to students.

Registration begins at 9:00 a.m; the conference runs from 9:30 am until 3:00 p.m.

For more information about the P.A.I.R.S. Conference, contact: Penny Daniels, Community Partnerships Officer, Lambton Kent District School Board, (519) 354-3775 Ext. 262.

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For additional information contact:
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